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RHINOS AT RISK

METRO'S PAUL SULLIVAN
ON WHY THE PLIGHT OF
THIS HORNED HERBIVORE
DESERVES OUR ATTENTION

PAGE 10

Airstrikes begin against ISIS

U.S., Arab allies launch strike
against militants, targeting
strongholds in Syria, Iraq

PAGE 7

Chompin' on eponymous eats

Candidates chow down on their
namesake burgers for the
#OttBurgerPoll

PAGE 3



KICKIN' IT FOR OCTC

Kyle Stackhouse, 5, kicks a field goal as Redblacks QB Henry Burris cheers him on during a kickoff and pep rally with students at the Ottawa Children's Treatment Centre (OCTC) school. Burris has been named celebrity ambassador for the OCTC, which provides therapeutic, rehabilitative and educational services for kids with disabilities. MIKE CARROCCETTO/FOR METRO

Exercise beats diet in teen obesity study

Weight loss. Researcher says social stigma, finances and time keep many from exercise

A new study says a mix of aerobic and resistance training is a bigger help to obese teens than diet, but researchers say that the age group faces many barriers when it comes to hitting the gym.

Limited time and money for exercise programs are common barriers. But there's a mental aspect, too. Ever feel self-conscious working out at the gym? Then put yourself in the running shoes of an obese teen.

"It's not easy and that's the ultimate challenge, but we overcome that by giving them personal training," said Dr. Glen Kenny at the University

of Ottawa, who was one of two researchers leading a study that found a healthy mix of both types of exercises — for example, walking plus weight lifting — is the most effective way for obese teens to lose weight.

Kenny and the University of Calgary's Dr. Ron Sigal, led a team of researchers who studied 304 teens aged 14 to 18. The average youth in the study weighed about 220 pounds.

They trained four times a week for 22 weeks in the Ottawa-Gatineau region and were divided into four groups: Two that focused on either resistance or aerobic training, a third that did both and a fourth without any exercise.

The teens also had to reduce their caloric intake by 250 kilocalories per day — or roughly half a burger. But diet played a minimal role in this exercise-focused study, which was pub-

lished in the Journal of the American Medical Association (JAMA) Pediatrics.

While everyone who exercised showed results, those who did both aerobic and resistance training trimmed seven centimetres from their waistlines compared to four centimetres for those who completed just one exercise.

As for time and money, it's the little things that help. Push-ups and sit-ups are free, albeit difficult for many obese teens in the study group, many of whom maxed out walking at a brisk pace. Dr. Kenny said the key is to start slowly, and not to expect immediate results.

"When you jump into a lot of programs, you want to jump into it with both feet," he said. "What we want to teach them to do is walk first and then you can begin to walk or run."

LUCY SCHOLEY/METRO



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FIVE THINGS YOU NEED TO KNOW TODAY

1

TEST RESULTS

The Education Quality and Accountability Office (EQAO) will release school- and board-level results of the 2014 Grade 9 math and literacy tests.

2

LOCAL READS

The City of Ottawa will name winners of the 2014 Ottawa Book Awards Wednesday. See a list of finalists at ottawa.ca/en/liveculture/ottawa-book-awards-finalists

3

NEW DISCOVERY

Researchers using a robotic underwater vehicle off B.C.'s Haida Gwaii archipelago believe they may have found the earliest evidence of human habitation in Canada. The site could date back almost 14,000 years.

4

TRUE DETECTIVE

HBO has confirmed that Colin Farrell and Vince Vaughn will both star in the second season of True Detective. Farrell will play a detective and Vaughn a career criminal.

5

X-MEN CAST CONFIRMED

James McAvoy, Jennifer Lawrence and Michael Fassbender are confirmed for X-Men: Apocalypse, set for release May 2016, again directed by Bryan Singer.

City employee ready to move from counsellor to councillor

Hotly contested seat. City worker who tutored green councillors wants to represent Somerset Ward



TREVOR GREENWAY
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Catherine McKenney says she knows how the city works.

The 53-year-old candidate for Somerset ward spent the last six years as strategic adviser to deputy city manager Steve Kanellakos — lending her expertise on all of the city's operations.

But when news broke that longtime incumbent Diane Holmes would soon retire from council, McKenney saw an opportunity to switch her focus from being a city employee to working directly for the people as a councillor.

"I would be working directly for local residents and local business, making sure that

their needs are met, making sure that when we are planning our communities that they are consulted, that we are using their expertise in the neighbourhood," McKenney told Metro.

"It's having that level of influence at the council table to make sure that we continue to have a strong, progressive voice for Somerset Ward."

In the last term of council, McKenney walked the city's nine new councillors through their orientation, briefing them on everything from fire and police services to homelessness issues and "how to respond to issues in their community."

"I know how the city works," added McKenney.

And just because she has a ringing endorsement from Holmes, it doesn't mean McKenney is sitting back for a cruise to victory. She's been pounding the pavement for the past seven months and knocked on 14,000 doors in the ward. Affordable housing is the top city issue, she says.

"Everybody agrees that we need to make sure that there is housing for everyone's needs,



Somerset Ward candidate Catherine McKenney speaks with constituents in her ward. CONTRIBUTED

including affordable and social housing," said McKenney.

The Somerset Ward is hotly contested, with 11 candidates

vying for the seat including Martin Canning, Edward Conway, Thomas McVeigh, Conor Meade, Jeff Morrison, Sandro

Provenzano, Silviu Riley, Denis Schryburt, Curtis Tom and Lili V. Weemen. Ottawa heads to the polls Oct. 27.

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A CHEATSHEET OF TODAY'S SONG TITLES IS ON THE [METRO PLAY PAGE](#).

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News worth sharing.

Today's special: Mayoral hopefuls with burgers, politics on the side

Want fries with that?
Patty chowdown turns to platform chatter

TREVOR GREENWAY
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Ottawa mayoral candidates Mike Maguire and Anwar Syed got some food for thought Tuesday, as they tasted their custom mayor burgers at Burgers N' Fries Forever.

Besides giving their reactions to their tasty burgers, the pair offered up some political chatter at the Bank Street burger joint, as election time is now less than five weeks away.

"There is discontent. There is an enormous dissatisfaction," said Maguire, before sinking his teeth into his burger, which boasts fries and gravy, mushrooms and aged cheddar. "People want their garbage picked up again, they want a solution to gridlock. There is an outright tax revolt brewing. They don't even want to hear anyone talk about tax increases."

The fiscal conservative worries Ottawa is heading toward

Rankings

Number of #OTTBURGERPOLL burgers sold since Monday:

- Syed 9
- Watson 9
- Maguire 4
- Wood 3
- White 1
- Couchman 1

a "spend-first" economy and doesn't think the city should rush into developments, the way he says the city did with the redevelopment of Ottawa Arts Court, Lansdowne or the LRT project, which he describes as having a "complex financing structure."

"The very first thing I would like to do is open up all of the books; open up the contracts," he said. "We have so many large capital expenditures where there is very little information that trickles down to the public. Not unlike the green bins, you only find out what you have got years later."

For Syed, it's all about eliminating crime in Bay Ward and pushing development in Ottawa's inner city. The 54-year-old career construction engineer says residents are being sucked out of the city by sexy projects outside the core.

"We have a lot of development happening outside of the city — in Orleans and Barrhaven — and it's moving the people out," said Syed. "This is a beautiful place we have here and people aren't staying."

He said the first thing he will do if elected is to do away with corporate donations during elections so that everyone, himself included, will have a "level playing field."

"It's like a race, we want the people to choose the best," he said. "We don't want people to choose the one who is rich."

Both Maguire and Syed are up against incumbent mayor Jim Watson, Robert White, Darren Wood, Bernard Couchman, Michael St. Arnaud and Rebecca Pyrah.

Ottawa heads to the polls on Oct. 27.



Mayoral candidates Anwar Syed, left, and Mike Maguire, right, pose with their #OTTBURGERPOLL burgers before tucking in at local eatery Burgers N' Fries Forever. TREVOR GREENWAY/METRO



Want fries with that? The mayoral burger options at Burgers N' Fries Forever. COURTESY BURGERS N' FRIES FOREVER

Beef patty, sautéed mushrooms, fries and gravy, and aged cheddar

"The succulent beef with little tangy fries. The gravy is really juicy and the cheddar adds a nice under taste. I skipped breakfast for this. I may never leave."

Mike Maguire describes his #OTTBURGERPOLL burger.

Falafel patty, samurai mayo, spicy fried onions, deep-fried jalapenos

"This burger is awesome and the best in Ottawa. It's fantastic. I love the spicy zing it has."

Anwar Syed praises his #OTTBURGERPOLL burger.

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Debate: Safe space T-shirt fiasco



Carleton University student Julia Allen says the T-shirt incident is just one of several she and her friends have witnessed that indicate sexist attitudes on campus. JOE LOFARO/METRO

Rape culture. Offensive T-shirts missed the point of vulnerable students, say Carleton University town hall panellists



JOE LOFARO
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Concerned students at Carleton University who say they felt threatened and offended by frosh facilitators wearing "F-ck Safe Space" T-shirts with the words "or me" on the back two weeks ago held a panel and town hall discussion Tuesday to talk about rape culture on campus.

Close to 100 students and faculty members listened to a panel of students, lawyers and professors debate the issue.

Panellist Julia Allen said it doesn't matter whether or not students intended to mock the school's policy to ban swearing during orientation week by wearing those shirts.

Doing so, she said, was "disrespectful and insensi-

tive to those who rely on safe spaces to move through our community free of discrimination and harassment for their identities."

Frosh facilitators involved in the incident have apologized.

Carleton's safe-space program, born out of the anti-violence-against-women movement of the 1970s, aims to reduce homophobia and sexism on campus.

Allen and her panel colleagues disputed the idea the off-campus T-shirt fiasco was an isolated incident.

Allen said a student was charged with sexual assault just a week before, and she said there have been other incidents.

"A friend of mine ... overheard an engineering student

telling another that duct tape turns 'No, No, No' into 'Mm-Mm-Mm,'" said Allen, with her hand covering her mouth.

"What about when male students drove around the university parking lot last week with a cat-calling siren?"

Other students who did not participate in the panel say they don't believe the facilitators had bad intentions, but say discussing the issues surrounding rape culture is still important.

"I think that's actually probably a good idea to gather everyone's thoughts and ideas on it," said Rebekah Vice, a second-year paleontology student.

Amber Ripley agreed, saying, "You got to (flush) it out to make sure it doesn't happen again."

Quoted

"(It's) disrespectful and insensitive to those who rely on safe spaces to move through our community free of discrimination and harassment for their identities."

Julia Allen, Carleton University student and panellist, on safe spaces being mocked on T-shirts that read "F-ck Safe Space" during frosh week

Home Depot Canada mum on \$500M class-action lawsuit

Home Depot Canada remained silent Tuesday after reports that an Ottawa man was part of a \$500-million class-action lawsuit following a massive breach of customer data that compromised 56 million payment cards in the U.S. and Canada.

Toronto-based law firm McPhadden Samac Tuovi LLP announced Monday evening it is seeking legal action against Home Depot Canada Inc. and its American counterpart on behalf of the customers who

used a payment card between April and September 2014.

Steven Lozanski, an Ottawa resident, is named as a plaintiff.

The law firm says \$8,000 was improperly charged to Lozanski's Visa card multiple times this month, after he used it legitimately just days before the fraudulent activity.

He only recently noticed something was wrong, when his credit card was declined at a hotel during a business trip, according to McPhadden

Samac Tuovi.

"Home Depot has not been in contact with me to tell me what personal information has been taken," Lozanski said in a press release issued by the law firm.

The lawsuit alleges the company "failed to uncover and disclose the extent of the breach and notify its affected customers of the breach in a timely manner."

Calls and emails seeking comment from Home Depot Canada's media relations team

were not returned Tuesday.

The company said in a Sept. 18 news release that the affected terminals were taken out of service and "enhanced encryption" of payment data at its point-of-sale systems will be rolled out in all of its Canadian stores in early 2015.

It added that customers would not be liable for any fraudulent charges and is offering free credit monitoring for those who have shopped at one of its stores since April 2014. JOE LOFARO/METRO



An Ottawa man is a named litigant in a \$500-million class-action suit against Home Depot over a data breach that compromised payment card information for 56 million customers. THE ASSOCIATED PRESS FILE

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Danny Duke and the Northern Stars, from Montreal, will be playing at the 2014 O-Town Hoedown. LUCY SCHOLEY/METRO

O-Town Hoedown founder rebounds

Greg Harris. Just settled lawsuit against Capital Hoedown organizer Denis Benoit



LUCY SCHOLEY
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The founder of Ottawa's O-Town Hoedown says he's bouncing back this year after settling a lawsuit with another country festival organizer.

Greg Harris, also known as Lefty McRighty, is bringing back the O-Town Hoedown Sept. 25 to Oct. 5 — almost a month after settling his lawsuit against Capital Hoedown organizer Denis Benoit.

Benoit sued Harris for \$250,000 in damages following a 2012 post on the Lefty McRighty blog. Harris wrote

a sarcastic critique about the demise of the 2012 edition of the Capital Hoedown, which was to have Taylor Swift in the lineup.

The lawsuit was settled out-of-court in August, but the terms of the settlement are confidential.

Harris posted a retraction and apology on his blog on Aug. 12, in which he called his previous statements about Benoit "defamatory and untrue."

The Capital Hoedown website also posted a blurb about the lawsuit.

"Anyone who knows me would regard me as a man of honor and integrity, and someone who has dedicated his entire life to providing fans with incredible live entertainment experiences," Benoit is quoted as saying. "I will vigorously defend myself against anyone who attempts to defame me."

Despite having been caught up in a libel suit, Harris is still organizing the eighth edition of the O-Town Hoedown.

"If anything, the lawsuit spurred me into wanting to come back even stronger this year to show that I wasn't gonna let it knock me down," he said.

This year's festival will feature 19 bands in six different venues, including the Rainbow Bistro and Lunenburg Pub. While it's coined a country festival, the genres range from rockabilly to bluegrass. Band such as Montreal-based Danny Duke and the Northern Stars and Toronto's honky-tonk Big Tobacco and the Pickers conjure up images of whiskey drinking and foot-stomping.

"That's usually half the appeal," said Harris. "People look at this and go, 'Oh, these names. I gotta see what this is all about.'"

He turned himself in

Man charged with human trafficking surrenders

An Ottawa man wanted in a human trafficking probe that started last year has turned himself into police.

Taylor Dagg made a court appearance Tuesday and was remanded into custody, according to police.

Ottawa police made an appeal to the public in June of 2014 to help locate him. He was 23 at the time.

He was wanted on a warrant for two counts of breach of recognizance and one count of failing to appear for a preliminary hearing. **JOE LOFARO/METRO**

Child abduction. Ottawa police arrest 28-year-old mother accused in case

Ottawa police arrested a 28-year-old woman who allegedly abducted her 17-month-old son in early September.

Police arrested Catherine Agulu-Kic Otim late Monday in Ottawa and returned the child to his father. She faces one count of abduction and was scheduled to appear in court Tuesday.

The father contacted police after he could not exercise his visitation rights on Aug. 30.

Police said at the time there were no concerns for the child's safety. **JOE LOFARO/METRO**



Catherine Agulu-Kic Otim.
POLICE HANDOUT



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Please check www.ontariocourts.ca/ocj/jpaac/advertisements for an updated listing of advertised vacancies.

At the request of the Attorney General and in accordance with the *Justices of the Peace Act*, the Justices of the Peace Appointments Advisory Committee invites applications for vacant Justice of the Peace positions in the Province of Ontario.

A Justice of the Peace is an independent judicial officer who presides in court over various proceedings under federal and provincial statutes. Applicants must meet minimum qualifications as set out in the *Justices of the Peace Act*.

The Justices of the Peace Appointments Advisory Committee reviews and evaluates applications and classifies candidates as "Not Qualified", "Qualified" or "Highly Qualified". Classifications are reported to the Attorney General, who recommends candidates for Order-in-Council appointments to the Ontario Court of Justice.

In addition to reflecting the diversity of Ontario's population, applicants should also display the fundamental skills and abilities, personal characteristics and community awareness attributes set out in the Committee's General Selection Criteria.

Bilingual positions require a high degree of proficiency in English as well as a superior level of oral and written proficiency in French. As First Nations people comprise a large percentage of the population in the areas being serviced by the courts in ***Cochrane** and ***London**, we especially encourage people of Aboriginal heritage and people with an in-depth understanding of Aboriginal communities and the issues affecting those communities to apply for these vacancies.

For detailed information about the vacancies noted above, minimum qualifications and the General Selection Criteria, the required application form, and the Committee's process, please visit the website of the Justices of the Peace Appointments Advisory Committee at www.ontariocourts.ca/ocj/jpaac.

Applications for current vacancies must be submitted on the **current** prescribed application form and received by **4:30 p.m. on Friday, October 31, 2014**. Applications received after this date **WILL NOT** be considered.

PLEASE NOTE: Future vacancies and deadlines for applications will be posted on the Committee's website as they occur. Interested individuals can receive e-mail notification of vacancies by registering at www.ontariocourts.ca/ocj/jpaac/advertisements/vacancy-postings.

Pour voir cette annonce en français, consulter le site Web du Comité à www.ontariocourts.ca/ocj/fr/jpaac/annonces.



U.S. President Barack Obama and first lady Michelle Obama arrive at JFK International Airport in New York on Tuesday. The president is in the city for three days of talks with foreign leaders at the United Nations General Assembly. JULIE JACOBSON/THE ASSOCIATED PRESS

Obama: World must fight 'global threat' of climate change

UN General Assembly. U.S. president calls on all nations to address what's being called 'the defining issue of our age'

In the first international test for his climate-change strategy, U.S. President Barack Obama pressed world leaders Tuesday to follow the United States' lead on the issue, even as a United Nations summit revealed the many obstacles that still stand in the way of wider agreements.

"The United States has made ambitious investments in clean energy and ambitious reductions in our carbon emissions," Obama said. "Today I call on all countries to join us,

not next year or the year after that, but right now. Because no nation can meet this global threat alone."

But none of the pledges made at Tuesday's one-day meeting was binding. The summit, part of the annual UN General Assembly, was designed to lay the groundwork for a new global climate-change treaty. It also revealed the sharp differences that divide countries on matters such as deforestation, carbon pollution and methane leaks from oil and gas production.

"Today we must set the world on a new course," said United Nations Secretary-General Ban Ki-Moon. "Climate change is the defining issue of our age. It is defining our present. Our response will define our future."

In some ways, the climate

summit answered that call.

The European Union said its member nations next month were set to approve a plan that would cut greenhouse gases back to 40 per cent below 1990 levels by 2030. The EU also called for using renewable energy for 27 per cent of the bloc's power needs and increasing energy efficiency by 30 per cent.

More than 150 countries set the first-ever deadline to end deforestation by 2030, but that goal was thrown into doubt when Brazil said it would not join. Forests are important because they absorb the main greenhouse gas, carbon dioxide. The United States, Canada and the entire European Union signed onto a declaration to halve forest loss by 2020 and eliminate deforestation entirely by 2030. **THE ASSOCIATED PRESS**

'Fully committed'

Canada 'taking decisive action'

Canada made two main commitments at the UN climate summit Tuesday. One was to match American vehicle-emissions standards; the other, to curb the use of HFC coolants.

Canada's environment minister said her government would be releasing details on a plan to reduce hydrofluorocarbons.

"Let me be clear, Canada is fully committed to achieving a strong and effective global climate agreement in Paris next year," said the prepared text of Leona Aglukkaq's remarks.

"Both domestically and internationally we are demonstrating this commitment. We are not waiting to act. We are taking decisive action to ensure Canada remains a leader and contributes its part to this global cause."

THE CANADIAN PRESS

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Soldiers patrol the Eiffel Tower in Paris, on Tuesday. French forces have joined the U.S. in carrying out airstrikes against ISIS militants who have overrun large areas of Syria and Iraq. CHRISTOPHE ENA/THE ASSOCIATED PRESS

ISIS under attack as airstrikes start

Strongholds targeted. Allied countries against ISIS began their military campaign with a volley of 200 airstrikes, targeting key facilities

The U.S. and Arab allies launched what leaders declared would be a long and sustained military assault against the Islamic State of Iraq and al-Sham's (ISIS) strongholds in Syria and Iraq, while the U.S. simultaneously targeted an al-Qaida cell said to be plotting imminent attacks on American and other Western interests, the Pentagon said Tuesday.

Hours after the barrage of airstrikes began, Lt. Gen. William Mayville said the attacks took out key ISIS training camps and facilities. But he said it was too early to tell if they were able to disrupt a terrorist attack being planned by al-Qaida militants, known as the Khorasan Group. He said the group was "nearing the

execution phase" of an attack against Europe or the U.S.

President Barack Obama said that Arab support for the airstrikes "makes it clear to the world this is not America's fight alone."

"We're going to do what's necessary to take the fight to this terrorist group, for the security of the country and the region and for the entire world," Obama said as he left Washington for meetings of the UN General Assembly in New York.

The U.S. and five Arab nations attacked ISIS's headquarters in eastern Syria in nighttime raids consisting of more than 200 airstrikes against approximately a dozen targets.

The airstrikes were part of the expanded military campaign that Obama authorized nearly two weeks ago in order to disrupt and destroy the ISIS militants, who have slaughtered thousands of people, beheaded Westerners — including two American journalists — and captured large swaths of Syria and northern and western Iraq. **THE ASSOCIATED PRESS**

Humanitarian assistance

Canada pledges aid

Canada added its support Tuesday to the American and Arab airstrikes on militant targets inside Syria.

A senior government official, who spoke on condition of anonymity, confirmed Canada has made no military contribution to the air offensive, which for the first time targeted the Islamic State of Iraq and al-Sham (ISIS) on Syrian territory.

Canada has 69 special forces advisers in Iraq and has offered two military transport planes to deliver humanitarian assistance to displaced civilians and weapons to the Kurdish Peshmerga fighters in northern Iraq, who are facing ISIS on the ground.

THE CANADIAN PRESS

Counter-terrorism

Man shot, killed in Australian airport

A man was shot dead and two counter-terrorism police were stabbed in a confrontation in Australia's second-largest city on Tuesday, police said.

It was not immediately clear whether the violence was related to a recent call from ISIS to supporters to kill in their home countries.

"Our members had no inkling that this individual posed a threat to them and as far as we were concerned, it was going to be an amicable discussion

about that individual's behaviour," Victoria state police Assistant Commissioner Luke Cornelius said.

The man, 18, had been shouting insults about Australian Prime Minister Tony Abbott and the government as a whole before he was shot and killed.

THE ASSOCIATED PRESS

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Cops step up

To serve pizza and protect delivery?

Two police officers in Portland, Ore., completed the delivery for a pizza delivery driver after he was injured in a crash.

Steve Huckins tells KOIN that he and his wife were concerned Sept. 1 when the officers, Michael Filbert and Royce Curtiss, showed up at their home, but they started laughing when they received the pizza. **THE ASSOCIATED PRESS**

Food waste

Recycling scofflaws to feel the pinch

Seattle city council voted Monday to fine residents who fail to separate food waste from trash \$1 for each violation, or up to \$50 for a business or apartment complex.

The new law, which goes into effect next year, is aimed at helping Seattle reach a recycling rate of 60 per cent by 2015.

THE ASSOCIATED PRESS

Scotland referendum

British PM says Queen 'purred'

Britain's Prime Minister David Cameron was caught on open microphone telling former New York mayor Michael Bloomberg in New York that Queen Elizabeth II "purred down the line" when he called to tell her the result of the Scotland referendum. He was also heard saying he wants to "sue (polling companies) for my stomach ulcers because of what they put me through."

THE ASSOCIATED PRESS

Ottawa

Duffy expenses trial set for April

The politically charged trial of suspended Sen. Mike Duffy will begin next spring, six months before the next scheduled federal election. The court set aside 41 days for the case, forgoing a preliminary hearing.

THE CANADIAN PRESS

Netflix defies CRTC, and Harper gets the blame

Toothless watchdog?

Online video service firm says regulator's orders are not applicable to Netflix under Canadian broadcasting law

One of the hottest dramas to hit the fall season isn't on your TV screen — it's happening behind the scenes in a battle of wills between the country's fastest-growing video supplier and Canada's broadcast regulator.

Netflix has told the Canadian Radio-television and Telecommunications Commission it won't turn over sensitive corporate information, despite being ordered to do so at a hearing last Friday.

The move calls into question the very authority of the broadcast regulator to

institute any rules governing Internet-based video service providers, says new media expert Michael Geist.

And the Prime Minister's Office is being blamed for forcing the regulator into a corner.

Industry watchers say Netflix is standing up to the CRTC after being emboldened by Prime Minister Stephen Harper, who has said his government will not allow levies against online video services to help pay for production of Canadian content — something he has referred to as a "Netflix tax."

By inappropriately interfering in the CRTC hearings, the Harper Conservatives may have already rendered the regulator toothless, said Opposition heritage critic Pierre Nantel.

Netflix has been enjoying a growing following in Canada, with an estimated 25 per cent of anglophone



Experts say a move by Netflix to defy the will of Canada's broadcast regulator calls into question CRTC's very authority to institute any rules governing Internet-based video service providers. **ELISE AMENDOLA-AP/THE CANADIAN PRESS**

Canadians signing up for the service in 2013, nearly twice as many as the previous year,

as TV viewers embrace new ways of receiving content. **THE CANADIAN PRESS**

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Talko the town: A voice message app

The new voice mail?

People can record a spoken-word message and send it to someone to listen to at any time

Longtime technology guru Ray Ozzie wants to bring back the emotions of the human voice to phones.

His mission began more than two years ago as Ozzie noticed people were increasingly communicating through texts, emails and social media posts instead of calling each other.

"When you see nothing but words and numbers, it becomes very mechanical and very transactional," Ozzie said in an interview.

"But when you hear the sound of someone's voice, it really brings it much closer

to home."

Ozzie, 58, Microsoft's former chief software architect, hopes to orchestrate voice's comeback through Talko, a mobile application being released Tuesday for the iPhone. A version for Android phones is expected in a few months.

Talko sends the equivalent of text messages in the form of a spoken word. Talko users can record a voice message and send it over the Internet to anyone else with the app. Recipients listen to the recording when it's convenient, rather than being interrupted by a traditional phone call.

All messages will be stored for 10 days, though users can buy a subscription — expected to be \$5 US to \$9 per month — to permanently store messages. For the first few months, Talko will store all voice recordings for free.

THE ASSOCIATED PRESS



Silly kids, this park is for adults

An interactive, glow-in-the-dark playground for adults has been installed in Boston. "Swing Time" is made up of 20 ring-shaped swings which are fitted with micro-controllers which activate LED lighting when the swing moves, illuminating the outdoor space with blue and purple hues that change according to the motion of the seat. Custom-fabricated from welded polypropylene, the swings emit a static white light when inactive. Designed in three different sizes to encourage all of Boston's citizens to interact with the installation, the swings are part of an experimental urban park project and a community laboratory for the Innovation District and South Boston neighbourhoods. AFP/HOWELER+YOON ARCHITECTURE/JOHN HORNER PHOTOGRAPHY

Ex-Food Network star

Get Paula Deen's side of that racism scandal... for \$9.99

Paula Deen is ready to tell her side of the story behind the racist remark that derailed her career, but you'll need to pay to hear it.

The former Food Network star has been working on a documentary, but viewers will have to pay US\$9.99 a month to view videos on her new website.

THE ASSOCIATED PRESS

Market Minute



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Natural gas: \$3.83 US (-\$0.02)
Dow Jones: 17,055.87 (-116.81)

Trial. Nortel's intellectual property not created solely in Canada, says U.S. lawyer

It's a fallacy to think of Nortel Networks as just a Canadian company and that its intellectual property was created solely in Canada, a lawyer for its U.S. subsidiary said Tuesday at a cross-border bankruptcy trial that will decide how remaining assets are shared among creditors.

"I think we can all agree now that Nortel was actually a multinational enterprise, global in nature, with separate corporate entities, separate groups of creditors spread

around the world," said James Bromley from Wilmington, Del., by videolink.

While Canada certainly had a large role in research and development, Nortel's R&D took place all over the world, Bromley added.

Competing groups of creditors have been focusing on the legal interpretation of a 10-year-old agreement to determine how to divvy up about US\$4.5 billion from the sale of Nortel's patents.

THE CANADIAN PRESS

O, Canada! A Canadian teen wins the top prize at Google Science Fair, again

A Calgary teen has won a \$25,000 scholarship from Google for her science project, devoted to speeding up the detoxification of oilsands tailings ponds.

Hayley Todesco's project beat all the other submissions from 17- and 18-year-old students around the world at the Google Science Fair.

It's Todesco's second big award win this month.

On Sept. 3, she received the 2014 Stockholm Junior Water Prize for her oilsands

research, which came with a \$15,000 award and \$5,000 for her school.

This is the second year in a row that a Canadian won a top prize at the Google Science Fair.

Last year, Victoria's Ann Makosinski, who was 15, won in her age group for her project, a flashlight powered by body heat.

Todesco's winning project is called Waste to Water: Biodegrading Napthenic Acids Using Novel Sand Bioreactors.

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RIDING THE SAVE THE RHINO BANDWAGON

On Sunday, a zoo in the Czech Republic set fire to 60 kilograms of rhinoceros horn, a fitting overture to the fifth annual World Rhino Day, which followed in various rhino-aware locales around the world on Monday.

The rhino is being poached to extinction for its horn, which is used in traditional medicine and as an aphrodisiac in Asia.

A rumour going around — that a Vietnamese minister's relative was cured of cancer with rhino horn — hasn't helped.

Hasn't helped the rhino, that is.

At the beginning of the 20th century, there were 500,000 rhinos roaming Africa and Asia.

Today, there are 29,000. In Sumatra, the rhino population is down to less than 100. In Java, there are 35-45 left.

There is some good news, rhino fans.

The southern white rhino has come back, from 50 individuals early in the 20th century to 20,000 today. But now poaching threatens to reverse those gains.

The rhino, in short, is in a sorry state.

Unfortunately, they are not really sexy beasts and Save the Rhino doesn't have the same urgent resonance as Save the Tigers or Save the Whales.

Rhino solidarity

The rhino, in short, is in a sorry state. Unfortunately, they are not really sexy beasts and Save the Rhino doesn't have the same urgent resonance as Save the Tiger or Save the Whales. I'm not sure why I'm feeling such solidarity for the rhinoceros.... Maybe I can relate to its reputation for near-sighted stubbornness. But when you add up the facts, rhinos are worth saving.



JUST SAYIN'
Paul Sullivan
metronews.ca

I'm not sure why I'm feeling such solidarity for the rhinoceros (which means "nose horn," of course).

Maybe I can relate to its reputation for near-sighted stubbornness. But when you add up the facts, rhinos are worth saving:

- Even though they weigh in at a tonne on average, rhinos are vegetarians. They eat anywhere from 50 to 100 kilos of food a day. Trying picking up that grocery bill! Also, what they eat depends on the species.

- There are white rhinos and black rhinos, and both species are actually gray. (Black rhinos eat shoots and leaves and white rhinos are more grazers. Zoos feed them soy and alfalfa.)

- A group of rhinos is called a "crash."

- Black rhinos are the most aggressive of the species, and they can attack at speeds of 50 km/h. But such attacks are rare and most black rhinos would more typically be found snoozing in the shade.

- The rhino horn is made of the same stuff as human fingernails.

- Rhino moms take 15 months to give birth.

- Rhino babies can walk within 10 minutes.

- Rhinos have notoriously poor eyesight, but there's nothing wrong with their intestines: A white rhino produces about 50 pounds of poo a day.

- Rhinos somehow managed to survive for 40 million years. Then we turned up.

Rhino poaching has grown increasingly alarming. Last year, more than 1,000 white rhinos were slaughtered in South Africa alone.

Do the math: That's five per cent of the surviving population.

World Rhino Day is over for another year. I'm not sure it's doing any good — South Africa is home to 83 per cent of the world's rhinos, and this year, poachers have already killed 787 rhinos in that country.

If the current rate of poaching continues, rhino deaths will exceed rhino births by 2016 to 2018.

And you know what that means.



met AR A three-week-old female White Rhinoceros runs with her mother at the Ramat Gan Safari near Tel Aviv, on Sept. 3. Scan the image to see what a young charging rhino looks like. JACK GUEZ/AFP/GETTY IMAGES

MetroTube

Man-lion love at its finest



ANDREW FIFIELD
andrew.fifiel@metronews.ca

Conservationist Valentin Gruener is a serial star of heartwarming man-lion love stories, but his latest reunion with Sirga, a lioness he helped raise as a cub, at Botswana's Modisa Wildlife Project really takes the cake. I'm a card-carrying cat-lover, but the idea of being so friendly with something that could kill me with an affectionate mistake still gives me the old jelly legs. (J Hawk Daily/YouTube)



SCREENGRAB

'No more stuck skunks!' PETA, college prez urge college students to crush cans

An Ohio college president says the school supports safety for skunks, and for other furry creatures, too.

Miami University President David Hodge has thanked People for the Ethical Treatment of Animals for its offer to send safety posters after a skunk recently got its head stuck in a beer can near a fra-

ternity house. The posters urge people to crush cans for animal safety.

Hodge wrote to PETA to say that the Advocates for Animals student group will work on the poster safety campaign. He says the school appreciates the effort to remind the community to crush and recycle cans, not only to preserve resources but

to protect animals from harm.

"We share your desire to have no more stuck skunks!" Hodge wrote.

The posters PETA offered to send to Miami show a raccoon with head stuck in a tin can and tell the reader to crush cans for animal safety, urging: "Don't let this happen again."

THE ASSOCIATED PRESS

Twitter

@metropicks asked: A new app promises no-strings-attached cuddling. Would you use Cuddlr?

@MargaretChown: Nah, I have a virtual personal space bubble.

@Oathbreaker: Riiiiight the same way POF promises dating? Good luck.

Join the conversation @metropicks

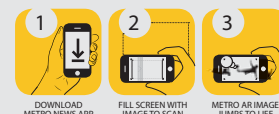


SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 11 in Scene, page 13 in Life and page 22 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
3. Voilà! You should see the AR in action.



Denzel fearless when a moral dichotomy is cast

First among equals.
Denzel Washington is the rare star who has built a career playing dubious characters



IN FOCUS
Richard Crouse
scene@metronews.ca

In 2001 Denzel Washington won his first Best Actor Academy Award. The movie was *Training Day* and Washington's performance as the corrupt Los Angeles Police Department narcotics officer Alonzo Harris established the actor's propensity for playing ambiguous antiheroes.

Is there another A-list leading man who explores the dark side of his characters as often as Washington? Will Smith and Tom Cruise occasionally let the heroic side of their on-screen personas take a back seat, but Washington revels in mucking around in the mud. From *Training Day* to *American Gangster*, *Safe House* to *Flight*, he has crafted complex characters you wouldn't want to sit next to on the bus.

This weekend he's back as Robert McCall, home improvement store manager by day, equalizer of odds by night. Based on the cult 1980s television show *The Equalizer* starring Edward Woodward, the film begins with the former black ops commando trying to leave his violent ways in the past.

He meets his greatest adversary just when he thought



Scan this photo with your Metro news app to watch Denzel Washington and director Antoine Fuqua talk about making *The Equalizer*. CONTRIBUTED

Exploring the dark side

No other superstar seems as comfortable with moral haziness as Washington.

that part of his life was over. Namely, the Russian mob leans on him after he tries to protect a young woman (Chloë Grace Moretz) from her pimp.

No other superstar seems as comfortable with moral haziness as Washington. In *American Gangster*, for instance, he was Frank Lu-

cas, the one-time driver for a Harlem mob boss who rose to the top of the drug world by flooding the streets of Manhattan with cheap, high-grade heroin smuggled into the United States in the coffins of dead soldiers returning from Vietnam. He's a dichotomy — bloodthirsty and ruthless, but he also attends church every Sunday with his mother.

In *Flight*, he played troubled pilot Whip Whitaker, an anti-hero who is functional in day-to-day life despite his predilection for wine, women and cocaine.

He's charming one

minute, enraged the next and passed out on the floor the minute after that.

Washington manages to subtly capture the ego and hubris that allows Whitaker to present a sober face to the public while bringing us into the messy world of addiction.

The actor has played his share of assorted good guys over the years — Ricochet's cop-turned-attorney and Don Pedro of Aragon in *Much Ado About Nothing* — but it is his willingness to mine the heroism of the nasty men he plays that makes him one of the most interesting A-listers.

No more Mr. Knife Guy

Weapons of messy destruction

It's amazing what you can get done with the right tools. In designing the climactic battle in *The Equalizer*, in which Denzel Washington's retired special ops mystery man takes on a team of Russian mobsters in a Home Depot-like store using just what's available on the shelves, director Antoine Fuqua learned quite a bit about what makes a handy weapon.

"Now in my brain, everything's a weapon. You can do some interesting things, if you think of it that way," Fuqua tells Metro.

When it comes to a topic like this, there's really nothing better than a hands-on demonstration, which Fuqua happily provided using a butter knife just lying around the hotel suite where we met up. "A butter knife is still sharp, so you could still do damage with a butter knife if you cut across somebody's skin," he says, brandishing the blade. "We're fragile, so it's going to cut you. Or a blunt force." To drive the point home, he pretends to jab me several times with the butt of the knife.

"Cut off the blade and you've still got a weapon. It doesn't make a difference, if somebody knows how to do it, they know how to do it," he says. "They're going to use your festival badge lanyard and choke you with it. You got a gun? Oh, nice. I've got a butter knife and a corkscrew." **NED EHRBAR/METRO IN HOLLYWOOD**

2 SCENE

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Leonard Cohen ALL PHOTOS: GETTY IMAGES

All Leonard wants for his birthday is the smoke he's been craving for 30 years

Leonard Cohen has wanted a cigarette for a long, long time, and now he's going to have one. The legendary singer-songwriter turned 80 this weekend, and to celebrate he's planning to take up smoking again, a habit he kicked when he was in his 50s. "Quite seriously, does

anyone know where you can buy a Turkish or Greek cigarette?" he asked, according to the San Francisco Chronicle. "I'm looking forward to that first smoke. I've been thinking about that for 30 years. It's one of the few consistent strings of thoughts I've been able to locate."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

It's really splitsville for klass act Bruce and Kris Jenner

NED
EHRBAR
Metro in Hollywood

They said it wouldn't last — mostly because of that separation almost a year ago. Now, Kris and Bruce Jenner have officially filed for divorce, and much like everything else in their E!-sponsored, reality show life, they're going to work this one out in public. According to court documents "obtained" by E! News, the couple is calling it quits over irreconcilable differences



and seeking joint custody of their last remaining kid at home, 17-year-old Kylie Jenner. They list the official separation date as June 1, 2013, which is actually pretty noteworthy, since they didn't officially announce it until last October. Do you understand the uncharacteristic levels of restraint and discretion it must've taken them to keep quiet about something for four whole months? That's just not like them.



Emma Watson

The creeps come crawling from 4Chan after Emma's gender-equality speech

Well, this is just depressing. Emma Watson's impressive speech on feminism and gender equality at the United Nations Monday was greeted by the murkier corners of the Internet with a sadly predictable response. Posters to the site 4Chan went apoplectic, littering a message board there with insults, threats of violence

and doctored news items claiming Watson had died in a hotel room. Most notably, one user threatened to release illegally obtained nude photos of the actress in retaliation for her speech, going so far as to set up a site counting down to the supposed release. Oh, Internet. This is why we can't have nice things.

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Georgia on the golfer's mind

Reynolds Plantation.

Carved through the pine tree covered hills in the state's lake country, this resort boasts plenty of public access courses



BRIAN KENDALL
canadiangolfttraveller.com

Georgia isn't the first choice of most Canadians for a golf getaway.

But thanks largely to the growing fame of Reynolds Plantation, one of North America's biggest and most attractive golf resorts, that may soon change.

The sprawling lakefront resort midway between Atlanta and Augusta will be in the spotlight later this month when it hosts the Golf Channel's Big Break Invitational, Reynolds Plantation. Part of the network's popular Big Break franchise, the live-to-air 72-hole competition between past champions will showcase the charms of a planned community that includes six golf courses and the luxurious Ritz-Carlton Lodge.

Four of the courses at Reynolds Plantation have been extensively renovated by owner MetLife, including Great Waters, the Jack Nicklaus-designed headliner, which will host the Big Break competition.

Great Waters features a spectacular routing through a rolling pine forest and ends with eight holes that snake dramatically along the shore of Lake Oconee.



Scan this photo with your Metro News app for a photographic tour of all that Reynolds Plantation has to offer. ALL PHOTOS: REYNOLDS PLANTATION

Rounding out the roster are layouts by several of the game's top architects: The National (Tom Fazio), The Oconee (Rees Jones), as well as The Landing and The Plantation (both by Bob Cupp). Only The Creek Club by Jim Engh is off-limits to resort guests.

A 120-kilometre drive east of Atlanta, Reynolds Plantation is ideally situated for exploring Georgia's Lake Country, a region rich in Southern charm and history that includes the towns of Greensboro, Eatonton and Madison.

Greensboro, named for Revolutionary War general Nathanael Greene, was rebuilt after being burned to the ground and its in-



Reynolds Plantation offers more activities than just golf.

habitants killed by Creek Indians. Spared by General Sherman during his destructive march to the sea during the Civil War,

Madison is home to one

of the South's finest collections of antebellum homes. And Eatonton is known as the setting of Joel Chandler Harris's Uncle Remus stories.

But there's plenty to do without leaving a 4,046-hectare property that offers a spa and fitness centre, as well as water activities ranging from bass fishing to kayaking and water skiing. Biking and hiking trails provide glimpses of deer, red fox, bald eagles, wading birds and otters.

Tourists should also stay on the lookout for celebrities such as George W. Bush, Newt Gingrich and John Mellencamp known to frequent the palatial homes that overlook manmade—but astonishingly natural looking—Lake Oconee. Country music star Carrie Underwood married Canadian hockey player Mike Fisher under a tent here in 2010.

Though a family destination, the focus at Reynolds Plantation is squarely on golf. Last April, the resort hosted a heavily publicized exhibition between Sergio Garcia and Justin Rose that featured holes 15 inches wide, an innovation promoted as a way to make the game easier to play for the majority of golfers.

Also found here is a high-tech TaylorMade-adidas club-fitting centre, where visitors can have their clubs customized in the same equipment trailer that once serviced the pros on the PGA Tour.

And on hand at the Reynolds Golf Academy is acclaimed instructor Charlie King. A noted innovator, he believes that, since no two swings are alike, instruction must be adapted for each individual.

If King can't help your game, it might be time to find a course with 15-inch holes.

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Dessert. Chocolate Cherry Cannoli



This recipe makes 24 small cannoli. EMILY RICHARDS

Look for cannoli shells at Italian delis, specialty food stores and large grocery stores. Some bakeries will sell you empty shells provided you call ahead to order.

For a stronger cherry flavour, add a splash of cherry brandy to the filling.

If you enjoy your cannoli with crunchy shells be sure to eat them the day you make them!

1. Scrape ricotta into fine mesh sieve set over bowl. Let stand for 30 minutes. Place ricotta in another bowl and discard any liquid.

Ingredients

- 1 tub (475 g) extra smooth ricotta cheese
- 3 tbsp (45 ml) icing sugar
- 1 tsp (5 ml) vanilla
- 1/3 cup (75 ml) chopped bittersweet chocolate
- 1/3 cup (75 ml) dried cherries, chopped
- 24 small cannoli shells
- Icing sugar or unsweetened cocoa powder

2. Stir in icing sugar and vanilla with ricotta until smooth. Add chocolate and cherries and stir until well distributed.

3. Spoon mixture into piping bag or large resealable bag and cut opening. Pipe mixture evenly into cannoli shells and place on platter. Cover with plastic wrap and refrigerate for at least 1 hour or up to 2 days. (The cannoli shells will soften the longer they sit.)

4. Sprinkle with icing sugar or cocoa powder before serving. EMILY RICHARDS

Easy peasy Ricotta Pea Pasta

Dinner. This cheesy dish takes no time to make and it will disappear just as fast



DINNER EXPRESS
Emily Richards
food@metronews.ca

I love making recipes that I enjoyed as a kid for my family.

Ricotta is used in many Italian dishes to create sauces, add texture to pasta and, of course, to make desserts.

I enjoy adding it to pasta with veggies — even as simple as peas.

Like most pasta dishes, this one does not wait. When it's ready, you should be, too! Serve it right away and have everyone at the table with their forks in hand.

Planning meals ahead and having pantry staples will help balance out your week and get you ahead for special

Ingredients

- 12 oz (375 g) rotini or other short pasta
- 1 cup (250 mL) frozen peas
- 1 tub (454 g to 475 g) ricotta cheese
- 2 tbsp (30 mL) extra virgin olive oil
- 1/2 cup (125 mL) freshly grated Parmesan cheese
- 3 tbsp (45 mL) chopped fresh Italian parsley or basil



START TO FINISH
ABOUT 15 MINUTES

This recipe makes six servings. EMILY RICHARDS

snacks as well.

Whip up this easy week-night meal and then you will have time to make some homemade cannoli for dessert.

1. In large pot of boiling salted water, cook pasta for 6 minutes. Add peas and cook for 2 minutes or until pasta

is al dente. Drain, reserving 1 cup (250 mL) of the cooking water and return pasta to pot.

2. Add ricotta, oil and some of the water to moisten and toss to combine until smooth sauce forms. Add half of the Parmesan and parsley; toss to combine. Sprinkle with

remaining Parmesan before serving.

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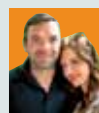
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MEAT AND VEG
meatandvegontheroad.
tumblr.com
Photos: Suzi Staheli
Words: Eoin Weldon

Mexico (Vegan rating: 5/10)

Meat, a contented carnivorous writer, documents his and his vegan fiancée Veg's dietary journey as they travel and munch their way across four continents.



Veg: After a difficult time dodging cheese and cream bombs at nearly every eatery, Veg had

her heart stolen by Mexico City's Cate de mi Corazon vegetarian/vegan taco restaurant. There she enjoyed a varied feast from but this soft taco filled with nopales cactus and wilted quelites (Mexican greens) came out on top.



Meat: The edible nopales cactus was again on the menu. This time it was atop my huge steak in Lu Cocina Michocana restaurant in the city of Morelia. Beneath the juicy cactus strips was a layer of cheese and a sea of thick oily gravy surrounded the entire cut which came with a cluster of deep-fried sweet potato crisps. The differing textures and tastes did not disappoint.



FOR THICK, JUICY, STICKY,
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METRO CUSTOM PUBLISHING

OKTOBERFEST

Enthusiasm pouring for Whiskey Ontario

"Ottawa is the second-largest purchaser of whiskeys in Ontario," notes Philip Dangerfield, 25-year special events veteran and executive producer of Whiskey Ontario, Bytown's premiere spirits festival slated to hit the Westin Hotel Ottawa on Oct. 4.

"Randy Fitzpatrick from Petite Bills Bistro introduced the opportunity to me just under a year ago," he adds. "We did some research, attended other whiskey events in Kingston and Toronto, looking at the industry's growth here in Ottawa ... the interest keeps increasing. We could see that Ottawa was more than ready for a premium whiskey event."

The highly-anticipated event brings more than 80 acclaimed whiskeys, ryes, Scotches, cocktails and bourbons together for a single ticket price. Paired alongside a variety of fine

FESTIVAL INFO

When: Oct. 4, 2014. Grand Tasting Room opens at 6:30 p.m., VIP opens at 5:30 p.m. (limited VIP tickets for sale), master classes: TBD.

Where: Westin Hotel Ottawa, 11 Colonel By Dr.

Tickets: General admission: \$130 per person, VIP tickets \$175 per person, master classes range from \$20 to \$45 per class. Tickets available at whiskeyottawa.ca or eventbrite.ca.

cheeses, meats, and other samplings — as well as a host of souvenirs, mixology classes, VIP benefits and tutored tastings — the one-night,



SHUTTERSTOCK

"smart casual" evening is more than just a simple exposition, though. As Dangerfield asserts, it is produced by Knowledgeable Consumption, a group with very a very specific goal in mind.

"Knowledgeable Consumption is geared towards raising awareness and funds for special needs people within the community," he reveals. "Our mission statement is to

provide effective guidance for people with special needs to live healthy, active lifestyles. (We achieve this) with various events throughout the year, including the highly successful National Capital Craft Beer Festival."

The direct result in relation to the first edition Whiskey Ottawa Festival means raising a desperately needed \$1,000 for a local resident requiring a new wheelchair.

Saturday, October 4th | Westin Hotel

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IS THAT RIB SAUCE ON

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METRO CUSTOM PUBLISHING OKTOBERFEST

RIBTOBERFEST IS THE PERFECT MIX

COULD THIS BE OTTAWA'S SIGNATURE?

On Sparks Street, where there's smoke, there's barbecue, and you don't have to wait until June.

Les Gagne, executive director of the Sparks Street BIA, says he kept hearing from barbecue aficionados who didn't want to wait another year for the mall's popular Ribfest.

"Some people have said to me ... we do this huge one, the biggest in the country in June," he says. "Is there a reason why we don't have maybe this last celebration of a big barbecue to wrap up the summer?"

Enter Ribtoberfest, featuring all the sweet, smoky, spicy tastes of Ribfest, plus some seasonal nods to Oktoberfest:

"There are going be wursts, there's going be kraut, there's going be strudel, there's going be German-style pulled pork, there's all kinds of neat spins that they're putting in so that's going to complement the big barbecue of ribs, chicken, and pulled pork."

EXCITING TIME TO BE AT THE FEST

Ribtoberfest comes to Sparks Street Sept. 25-28, between Elgin Street and Bank. Eight participating ribbers will serve up classic barbecue and signature sauces, as well as German-style delicacies. The festival runs Thursday to Saturday from 11 a.m. to 10 p.m. and Sunday from 11 a.m. to 6 p.m.

And it wouldn't be an Oktoberfest celebration without traditional games, including eating contests, bobbing for apples and the Masskrugstemmen, or beer-holding contest, in which each contestant holds a full beer stein at arm's length. The winner is the one who can hold theirs the longest.

The ribbers also get a chance to show off their skills in a rib-cutting competition.



CONTRIBUTED

"They're going to be marked on speed, the quality of cut and the display or presentation to the public or the customer," says Gagne. "So it's kind of nice because it gives them a chance to really show off their art, and we thought we'd have some fun with it in the form of a competition."

Doubling up on barbecue events, Gagne hopes, will help cement Ottawa's reputation as a go-to rib town.

"Some people have said, you know New Orleans is known as the Big Easy, maybe Ottawa could be billing itself as the Big Sticky."

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#Ribtoberfest



SEPT. 25 - 28

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METRO CUSTOM PUBLISHING OKTOBERFEST

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PoutineFest has become ... exotic

Filet mignon, pad Thai toppings are in store

As the temperatures start to drop this October, Sparks Street's PoutineFest returns to the Ottawa's Festival Street to warm the hands and stick to the ribs.

As far as purists are concerned, the great Canadian concoction of fries, cheese curds, and gravy needs no improvement, but

since PoutineFest launched, Les Gagne, the Sparks Street BIA's executive director, says fest-goers have discovered the delights of messing with perfection.

"We thought we were just going to put together a poutine fest, and everybody wanted that," Gagne says. "But after that spring event, we really have now seen how much people want to taste different and new types of exotics. Whatever new thing that they can put on a poutine, people want to try it."

Gagne himself has had his taste buds rocked by past creations, some requiring only the addition of an inspired topping like pepperoni, others involving the wholesale reinvention of the humble fast food into something approaching haute cuisine.

"I was surprised by the filet mignon poutine," he recalls. "To put that on a poutine, that takes the whole thing to a different level, the way that they've prepared it and the sauce and everything that they use. And



CONTRIBUTED

the pad Thai — who would have thought?

And there are sure to be even more audacious (and delicious) surprises on the menu this time around for a dish with practically endless variations.

"I'm really intrigued by how they take something like a potato and gravy and then

throw some of the best-tasting flavours on top of that, it works! I have not met a poutine that I didn't like," Gagne says.

No matter what's on top, though, for him, the magic of poutine is in its trinity of fundamental ingredients: "Essentially, it's all about the curd, the potato and the gravy."

FESTIVAL HELD OCT. 24-26

Get your curd on as PoutineFest returns to Sparks Street from Oct. 24 to 26. Sample the creations from 20 different food trucks between Elgin Street and Bank, and don't forget to try offerings from Sparks Street's restaurants. Admission's free. Sparks Street is poutine central. For more information, visit SparksLive.com.

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GET YOUR STICKY ON!

SEPT. 25-28 #Ribtoberfest

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METRO CUSTOM PUBLISHING OKTOBERFEST

Beau's Oktoberfest is all about giving back

Aim is to donate \$85,000 to local charities

Prost! Autumn is harvest time; when a bounty of virgin crops means clearing out last year's stockpile. In terms of beer, this out-with-the-old, in-with-the-new is a celebration; joyously emptying those much-needed kegs and casks in order to create room for a new supply.

Generally referred to as Oktoberfest, this festival has blossomed into a global affair replete with people flooding fairgrounds for their fermented drink of choice, music, games, and a sea of green felt Alpine hats.

Eastern Ontario's organic craft brewery Beau's All Natural is no stranger to the party. Celebrating its sixth annual Oktoberfest on Oct. 3 and 4, Beau's sees its sleepy little hamlet of Vankleek Hill swell from approximately 1,800 people into a party welcoming upwards of 15,000 close friends enthused to imbibe in 13 of Beau's brews (seven of which are exclusive to the event) and 40 casks from fellow craft breweries. Revellers also indulge in instructional classes, a Kinderfest children's area, dine from 25 local restaurants and enjoy

WHEN AND WHERE

When: Oct. 3 and 4

Where: Vankleek Hill Fairgrounds, 92 Main Street West, Vankleek Hill, Ont.

Tickets: visit beausoktoberfest.ca or call 1-866-585-BEER (2337). Friday: \$22 for adults, \$5 for youth 18 and under, includes an Oktoberfest hat, pretzel, and beverage. Saturday: sold out.

Transportation: Round-trip bus transportation is available from Ottawa, Cornwall, and Montreal at a cost of \$15.

performances from Canadian luminaries Walter Ostanek, Joel Plaskett, Tokyo Police Club and a bevy of fun and activities.

While such an event inevitably places the spotlight on Beau's, there is an overriding philanthropic intent: raising both the profile and coffers of area charities. This year's goal will see the brewery donating \$85,000



Beau's Brewery co-founders Steve, left, and Tim Beauchesne show off the shirts designed for the Kidney Foundation volunteers who will be keeping the grounds tidy. CONTRIBUTED

in total, \$30,000 alone equally distributed between Ottawa Riverkeeper and the Ottawa office of the Kidney Foundation of Canada.

That said, the two signature charities have promised to earn their keep. In gratitude, charity volunteers — easily spotted by their green shirts — will help Beau's tidy the festival grounds during and after the event.

Other earmarked beneficiaries include United Way for Ottawa's Social Rec Connect

(via a charity bicycle ride from Ottawa to the festival grounds), 1 square foot in Ottawa, Vankleek Hill Agricultural Society, Unshaven Mavens, Make-A-Wish Foundation, 100% Ac-tifs, Just Food, Hidden Harvest, and more.

Want to do your part? Don your lederhosen, raise a pint for the community and regale in the sights, sounds, scents, and tastes of the Beau's All Natural Oktoberfest, a party with positive prospect.



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LOTS TO SEE AND DO AT BYWARD MARKET

DECORATE SOME PUMPKINS, TRY MAPLE SYRUP, MEET A TV CHEF

Celebrate the harvest in the ByWard Market this October with Chef Lynn Crawford. The ByWard Market comes to full bounty in the fall, and this year is no exception. Starting Oct. 4, the harvest is featured all month long with outdoor celebrations and family-friendly events.

FARMERS' APPRECIATION WEEK

Kicking things off is the ByWard Market Standholders Association's Farmers' Appreciation Week from Oct. 4 to 12, where children can decorate mini pumpkins on the 4th, 5th, 11th, and 12th.

Come sample maple syrup on the Demo Corner on Saturday Oct. 4. Come back on Sunday morning, Oct. 5, for the Farmers' Breakfast at the Demo Corner. For only \$5 per person, you will leave satisfied and eager to speak with the farmers themselves and ask them questions about their work. Later on in the day is a food



CONTRIBUTED

carving workshop where you can watch your favourite fall vegetables turn into works of art. A place like no other in the city, the ByWard Market is open for Thanksgiving weekend, and

offers up a book promo and presentation by Foodie Prints Don and Jennifer Chow's Ottawa Food — A Hungry Capital on Saturday Oct. 11 from 1-3 p.m.

BYWARD MARKET HARVEST

Cap off the month with the weekend-long celebration that is the ByWard Market Harvest.

From Friday Oct. 17-19, the ByWard Market will be a hub of activity. Free live entertainment on Friday night, and Saturday, and Sunday throughout the day will keep young and old moving and dancing in the cooler weather.

A ticketed food and drink show on Saturday and Sunday with dozens of culinary options will certainly keep you well-fed, and Food Network celebrity chef and celebrated award-nominated cookbook author, Lynn Crawford will ensure you are entertained and moved to make good food for yourself and your family.



Lynn Crawford

Crawford stars in the popular Food Network Canada show, *Pitchin' In*. The show, among one of the highest rated cooking shows, follows Crawford as she visits farmers, growers, and fishermen across North America in search of the freshest and best ingredients.

The ByWard Market is the perfect backdrop to Crawford's approach to food.

More information about these events and more can be found at byward-market.com.



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ByWard Market Harvest

Oct. 17-19

With Special Guest Chef Lynn Crawford

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Friday Night Street Party
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(Oct. 18 & 19, food & drink sampling & demos)

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A personal brand is an invaluable tool that can help you throughout your career — particularly when you're trying to land a first job or move between industries.

Personal branding can be crucial in helping sell yourself to potential employers and stand out from the crowd. Luckily, getting started on developing your brand is easier than it might sound.

Create a theme or image for yourself

Choose a theme that will be carried throughout both your online and offline presence. This theme may include a series of colours, fonts, and images that will be used across all platforms.

Consistency is key for branding: Use the same colours on your resumé and cover letter as on your Twitter profile and personal website. When you move from document to portfolio to resumé, or to Twitter and LinkedIn, everything should reflect a consistent visual message.

Build your online presence

Having an online presence is crucial for any modern job-seeker, and absolutely vital when it comes to presenting your personal brand.

While you'll need to use and present your personal brand in your offline life and in the workplace, hav-



How do you want the working world to view you? Creating a personal brand helps convey who you are and what you stand for. ISTOCK

ing your brand online is an excellent way to put yourself out there — and it may lead someone to contact you to offer a top job opportunity or networking connection.

As you build your presence online, be sure to be actively involved in the online community. Don't just create profiles — follow, like and join, too.

Generate content

A great way to develop and fine-tune your personal brand is to produce content that reflects your areas of expertise. This content may appear on your blog, your social networks or shared directly with others in your industry. You can even identify promising conversations that focus on your chosen area and offer your content

there — building new connections in the process. Generating unique content and contributing to ongoing discussions will help build your image.

Build yourself offline

Your offline professional activities play a big part in introducing specific people to your personal brand (and directing them to your online presence,

as well). Networking and building an image for yourself offline are key steps to building your brand. Create branded business cards, and attend conferences, classes, workshops, and other events to give you an opportunity to network.

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In the key of web success

Learn to Code Day encourages Canadians to compute

Ladies Learning Code, a national non-profit offering beginner-friendly tech education, has announced its second year of the Canada-wide initiative designed to promote technology education: National Learn to Code Day.

On Sept. 27, over 750 adult learners will attend simultaneous workshops in 16 cities across the country, while hundreds more will tune in virtually.

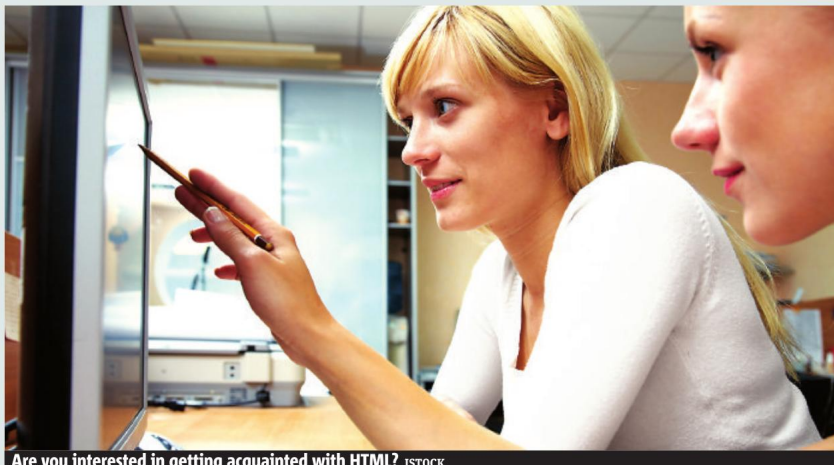
Workshop participants will learn basic HTML and CSS to build a one-page website in a social and collaborative way. Over 200 volunteer expert developers will serve as mentors at each workshop across Canada.

"National Learn to Code Day promotes digital

literacy while helping Canadians skill-up on important 21st century skills," says Ladies Learning Code's Director Melissa Crnic.

"Since its inception in 2011, Ladies Learning Code has held over 300 workshops and events and reached over 10,000 learners across the country."

Find a workshop in a city near you, or sign up for an online workshop by visiting ladieslearning-code.com. **METRO**



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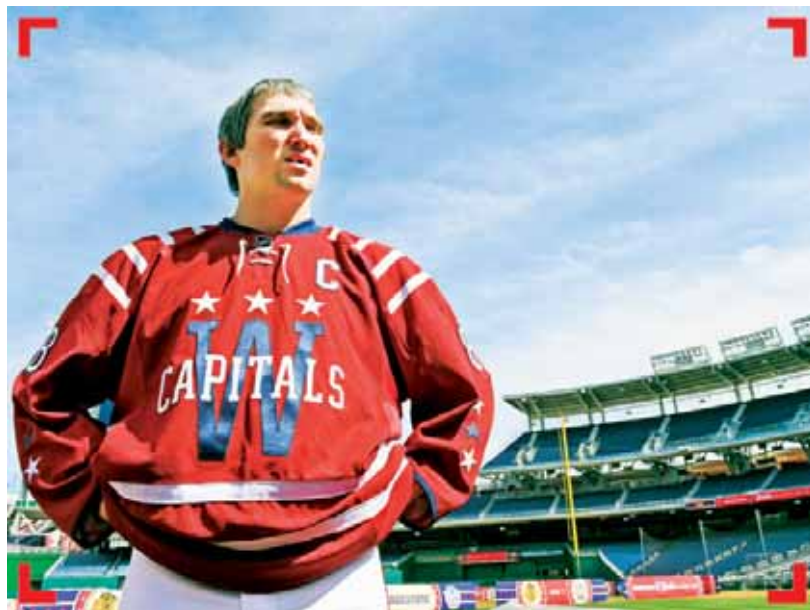
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The hockey sweater visits the ballpark

Alex Ovechkin wore flip-flops and a borrowed pair of baseball pants as the Washington Capitals unveiled their Winter Classic sweaters for January's outdoor game against the Chicago Blackhawks at Nationals Park. Capitals owner Ted Leonsis said Tuesday that he lobbied NHL commissioner Gary Bettman to host the event from the moment the puck dropped for the first Winter Classic in 2008. Scan the image with your Metro News app for some of the most memorable moments from outdoor games past. SUSAN WALSH/THE ASSOCIATED PRESS



McStars not yet lovin' it as much

McDowell, McIlroy.
Northern Irish golfers get used to new roles in Ryder Cup warm-up

The relationship between Graeme McDowell and Rory McIlroy has changed, both off the course and in the Ryder Cup.

McDowell said Tuesday the personal issues that developed over a lawsuit against their former management company have been sorted out to the point that "we've both come out of the other end better friends."

And the change in the Ryder Cup is a matter of McIlroy emerging as golf's best player.

The Northern Ireland golfers seemed to be a perfect fit when they first were partners in the Seve Trophy in 2009, and then at two Ryder Cup matches. McIlroy always looked up to McDowell as a big brother, and McDowell was comfortable in that leadership role.

That has changed. McIlroy is a big star, a winner of four majors and the No. 1 player in the world.

"He would now be the leader of the two of us and perhaps the dynamic



Europe's Rory McIlroy signs autographs during a practice round ahead of the Ryder Cup at Gleneagles, Scotland, Tuesday. MATT DUNHAM/THE ASSOCIATED PRESS

Nostalgic

"He would now be the leader of the two of us and perhaps the dynamic doesn't work as well as it did in the past."

Graeme McDowell speaking about Rory McIlroy

doesn't work as well as it did in the past," McDowell said. "Perhaps I'm the kind of guy that needs that leadership role a little bit, who needs to feel like he is on at least on a level with the guy he's playing with."

McDowell's game is built around his iron play and his putting. McIlroy, who at times doesn't exhibit any flaws, is the prototype power player. They still

might play together at Gleneagles, though it would likely be in foursomes.

"I found the better-ball format very difficult with him because he likes to go first," McDowell said. "He's beating it 350 down the middle, and I put my tee in the ground thinking there's not really a lot of point in me hitting this tee shot. And I find myself throwing myself at it, and it didn't

help my game much at Medinah. Foursomes, I think, is different. I think we could still play foursomes really well together."

Seve's influence: Looking up the fairway from the first tee, players at the Ryder Cup will be hit with a quote from Seve Ballesteros that is written on the back of the grandstand behind the green on No. 18.

"As a player and captain," it says, "these are unforgettable moments when you are competing for your team-mates, your country and for the people of your continent."

More than three years after Ballesteros' death, the European team is still gaining strength from the memory of the Spanish great, who was synonymous with the Ryder Cup. Ballesteros was a key motivation for Europe in its come-from-behind win at Medinah in 2012 under the captaincy of Jose Maria Olazabal, his longtime playing partner.

"Seve lives with us," European player Thomas Bjorn said.

"He lives with the Ryder Cup more than anything, but he lives with us as a team. He's a huge inspiration to this team and he always will be."

THE ASSOCIATED PRESS

Wuhan Open

Bouchard returns with win in China

Canadian Eugenie Bouchard overcame a break in the third set to beat Mona Barthel of Germany 4-6, 6-3, 6-4, at the Wuhan Open on Tuesday.

It's Bouchard's first tournament since her dramatic exit from the fourth round of the U.S. Open. The Westmount, Que., native, who is seeded sixth in China, lost at Flushing Meadows in straight sets to Ekaterina Makarova of Russia after struggling with the heat in New York.

THE ASSOCIATED PRESS

Kentucky Speedway

Wallace's group looks into fan death at event

Rusty Wallace's racing organization is trying to determine what caused the death of an Indiana man at a fan driving event bearing the former NASCAR driver's name.

Stephen Cox of Decatur, Ind., died Sunday at the University of Cincinnati Medical Center from injuries sustained in a Sept. 14 accident during the Rusty Wallace Driving Experience at Kentucky Speedway in Sparta. Cox was 30. THE ASSOCIATED PRESS

NFL

Goodell, former NFLers meet to discuss personal conduct policy

NFL Commissioner Roger Goodell and chief assistant Troy Vincent have met with 11 former NFL players to discuss ways to improve the league's personal conduct policy.

They met Tuesday with Hall-of-Famer Mike Singletary, plus Matt Birk, Eddie Mason, Patrick Kerney, Willie McGinest, Roman Oben, Marty Lyons, Charles Way, Tony Paige, Scott Turner and Robert Porcher. More meetings are planned between the league and former players.

The NFL has faced heavy criticism of its personal conduct policy after incidents this year involving Ray Rice, Adrian Peterson, Greg Hardy, Ray McDonald and Jonathan Dwyer.

THE ASSOCIATED PRESS



Cristiano Ronaldo scored four goals in Real Madrid's 5-1 win over Elche on Tuesday. GONZALO ARROYO MORENO/GETTY IMAGES

Fantastic 4! Ronaldo has Real on a roll

La Liga. FIFA World Player of the Year has scored seven goals in his last two league games

On Tuesday

5

Real Madrid

1

Elche

Cristiano Ronaldo made amends for conceding a penalty by scoring four times as he led Real Madrid to a 5-1 rout of Elche in the Spanish league on Tuesday.

Ronaldo fouled Pedro Mosquera while disputing a ball in the box in the 15th minute, allowing Edu Albacar to stroke the penalty beyond goalkeeper Keylor Navas — who was making his debut for Madrid.

But Gareth Bale levelled four minutes later, and Marcelo's questionable penalty when he appeared to dive sent Ronaldo to the penalty spot.

The Portugal forward drilled home the spot kick in the 28th.

He then added a header four minutes later and converted another penalty in the 80th before striking again in stoppage time.

Madrid has outscored its opponents 18-4 in its last three games in all competitions with an 8-2 win over Deportivo and a 5-1 win over Basel coming before Tuesday's outburst.

THE ASSOCIATED PRESS

Around Europe on Tuesday

- **Germany.** Mario Goetze scored two goals as Bayern Munich eased to a 4-0 victory over promoted Paderborn and moved to the top of the Bundesliga.
- **Italy.** Fernando Torres scored in his first start for AC Milan as his side came back from two goals down to draw 2-2 at promoted Empoli in Serie A.
- **France.** Striker Andre-Pierre Gignac continued his excellent form with two more goals as French league leader Marseille romped to a 5-0 win at Reims to move provisionally three points clear at the top.
- **England.** Liverpool beat Middlesbrough 14-13 in a marathon penalty shoot-out in the third round of the League Cup at Anfield. In the all-Premier League ties, Arsenal surrendered a one-goal advantage to lose 2-1 to Southampton, Swansea beat Everton 3-0 and Stoke came from a goal down to beat Sunderland 2-1.

Corruption investigation

FIFA VP calls for publishing of probe

An investigation into alleged World Cup bid corruption should be published in full, according to FIFA vice-president Prince Ali bin Al-Hussein of Jordan.

Prince Ali's plea to lift FIFA secrecy rules shrouding the case — which could punish some of his executive committee colleagues for their conduct in the 2018 and 2022 bid contests won by Russia and Qatar — follows a call by lead investigator Michael Garcia for more openness.

THE ASSOCIATED PRESS

MLB playoffs

O's name their man for Game 1

The Baltimore Orioles say Chris Tillman will pitch their playoff opener next week.

Manager Buck Showalter made the announcement on Tuesday night.

The Orioles will open the best-of-five AL division series a week from Thursday at Camden Yards.

THE ASSOCIATED PRESS

NFL. Bironas fatal crash investigation gets more bizarre with 911 evidence

A college student told a 911 dispatcher that a man he later identified as Rob Bironas chased him and his friends, then tried to hit their pickup truck minutes before the former Tennessee Titans kicker's fatal crash.

Metro Nashville Police Department released copies of two 911 calls Tuesday afternoon. One call was made by Bironas' wife reporting him missing at 11:40 p.m. on Saturday. The second was from Belmont University student Connor Fraley at 10:45 p.m., while being chased by Bironas, who was driving a white SUV.

"He's literally trying to hit us now," Fraley told the dispatcher. "We pulled next to him at a stop light, and I told him that something was burning in his exhaust and he called us an ... and he's following us right now. He's been swerving all over the road. We aren't keeping the speed limit, but it's because he's literally trying to do whatever it takes to hit us."

Bironas, 36, crashed his white 2009 GMC Yukon Denali just after 11 p.m. Saturday. Police said he was speeding as he lost control in a curve, ran off the road into a line of trees



Rob Bironas GETTY IMAGES FILE

and overturned in a culvert near his Nashville home. The investigation is ongoing, and autopsy results aren't expected for weeks. Police said there was no evidence of alcohol or drugs at the scene.

It is the second road rage incident allegedly involving the kicker within the 30 minutes of his death.

After Bironas had crashed, a woman standing at the accident site told a 911 dispatcher in a call released Monday that he had tried to run her and her husband off the road minutes earlier. THE ASSOCIATED PRESS

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Crew Cab SL model shown*

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2014 Scion xB

- **Type.** Four-door, front-wheel-drive compact wagon
- **Engine.** 2.4-litre four-cylinder (158 hp)
- **Transmissions.** Five-speed manual or four-speed automatic
- **Base price.** \$18,960

Market position

Aimed at younger buyers, Scion picks up its share of older ones as well. But many of its models have undergone only minor changes over the years, and sales are falling.

Points

- Fifty of the Release Series 10.0 cars come with Electric Pearl paint, a glossy white that reveals a shimmering green accent in sunlight.
- Available options for the xB include a front brace, rear sway bar, and larger brakes from Toyota's TRD performance division; plus heated leather seats.
- All 2014 Scion models now include touch-screen stereo.



The dash is plain, but the controls are easy to use.

Interesting features

Tire-pressure monitoring system, heated mirrors with turn signal indicators, 6.1-inch touch screen, front LED accent lights, electronic brake force distribution.

Thirsty toaster pepppy and fun

Review. Scion's xB tall wagon is aimed at younger buyers, but all drivers like its roomy interior and easy access

JIL MCINTOSH
drive@metronews.ca

In 2010, Canadians were finally introduced to Scion, the entry-level brand that Toyota debuted in the United States seven years earlier.

Scion models such as its tall-wagon xB hatchback were aimed at a younger market, with their lower prices and funky styling, but they attracted older buyers as well, who liked their roomy interiors and ease of entry.

Dubbed The Toaster by fans for its boxy styling, the xB uses a 2.4-litre four-cylinder engine that can be ordered with a five-speed manual transmission for \$18,960, or with a four-speed automatic for \$19,980.

Scion models come in a single trim line, with several factor or dealer options.

My tester had the limited-edition Release Series 10.0



PHOTOS: JIL MCINTOSH

package, which comes only with the automatic transmission and includes a backup camera, special interior trim, unique wheel covers, wireless device charging, and way-cool illumination that projects "xB RS 10.0" on the driver's side of the floor, and a limited-edition number on the passenger's side. But it's a pricey package, at \$2,585.

The xB is surprisingly pepppy, with lots of passing power on the highway. It's

fun to drive, thanks to its quick and direct steering, substantial feel, and a very tight turning circle.

However, it's very noisy — the doors close with a tinny sound, and bumps in the road boom inside the cabin — and that peppiness costs at the pumps. It's officially rated at 8.4 L/100 km in combined driving, thirstier than a six-cylinder Toyota Camry. In real-world use, I only averaged 10.5 L/100 km.

The seats are comfortable, and visibility is excellent all around. The dash is plain but the controls are easy to use — although it takes a bit to get used to the centrally mounted instrument cluster.

The rear seats are easy to fold flat to increase the cargo space. That great interior space is a plus, along with its price and the way it drives. If only it could control its fuel thirst, it could be an entry-level winner all around.

Compare



1 Kia Soul

Base price: \$16,995
Fun to drive and well-designed inside, the Soul comes with a choice of two engines.



2 Chevrolet Sonic

Base price: \$13,995
Available with 1.8-litre or sporty turbo engine, the Sonic is a great little driver.



3 Honda Fit

Base price: \$16,068
Redesigned for 2015, the Fit is fab for cargo with its multi-folding rear seat.

5 DRIVE



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Insert design, press print

Autopilot. 3D printer produces a driveable car in just 44 hours, although some assembly is required



AUTO PILOT
Mike Goetz
drive@metronews.ca

As far as printing jobs go, this one was on the long side — about 44 hours.

But that's understandable, because the printer wasn't just spitting out an English essay or directions from MapQuest. It was a very large 3D printer, and it made a car.

Well, not a complete car, but the complete body of a car. And a completely useable one, too. In fact, it's already moving under its own (electrical) power.

It is the brainchild of Local Motors, a design firm

based in Arizona. To prove the point that building 3D cars is both fast and requires considerably fewer parts than a conventional vehicle, Local Motors decided to print the car body, and then attach the 50 or so parts needed to make it run — all in front of a trade-show crowd at the recent International Technology Show in Chicago.

If that's not enough, Local Motors expects the car, called Strati, to go on sale to the U.S. public some time in 2015, priced between \$18,000 and \$30,000.

Of course, it has yet to pass any crash tests. And, as currently conceived, it would fall under the "neighbourhood" vehicle classification. Strati is a low-speed, two-seat city car that's bigger and better than a golf cart, but not designed for highway use.

Fitted with the electric powertrain from a Renault Twizy, the Strati can go about 100 kilometres on a full charge, and tops out at 80 km/h.

Let's get back to how it was built, with that 3D printer.

Local Motors asked for design proposals that would be printer-friendly, and eventually selected one from Italian designer Michael Anoe. The design sketch was turned into a 3D computer image.

Oak Ridge National Laboratory in Tennessee supplied its large 3D printer for the event and somebody pressed the "go" button.

Instead of toner ink, the printer was fed a finely ground mixture of thermoplastic and carbon fibre. The printer nozzle precisely applied the mixture, one small layer at a time. Even with all those layers, the finished product looks, and is, one piece.

A specially made router was used to smooth the edges of the car for aesthetics, and to prepare other sections to accept the mounting hardware.

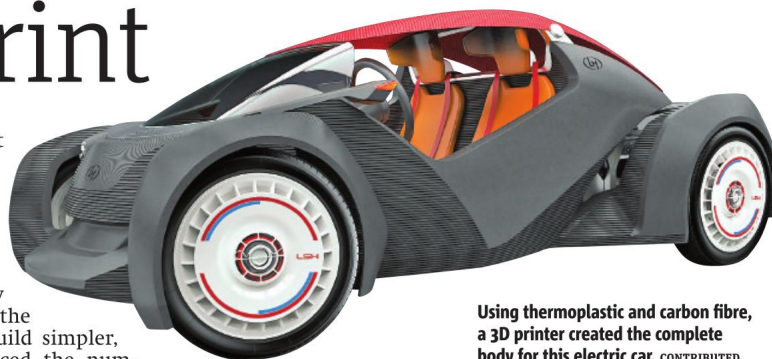
The post-print assembly took about two days. Local Motors said the opportunity

to print many components right into the main body made the overall build simpler, and reduced the number of individual parts.

The complete car has only 40 to 50 parts, compared to a conventional vehicle that has several hundred. (Although let's not forget that the Strati is lacking a few things conventional cars usually offer, such as a roof.)


The printing process also allows for lots of individuality, design possibilities and colour options. It's more or less a case of "insert design, press go."

Local Motors is touting this 3D technology as an industry game changer, which will seriously compress the time it takes to go from simple sketch to finished vehicle.



Using thermoplastic and carbon fibre, a 3D printer created the complete body for this electric car. CONTRIBUTED





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What test car is Garry bringing us this week? We literally have no clue what he's bringing us until it lands in our driveway, but who are we to doubt Garry Sowerby, who has a bazillion Guinness records for around-the-world driving? That's a bazillion more than we have, after all. Come along and find out as we drive 'em, dirty 'em and shoot 'em with our phone cams. These are real-life, no-glam reviews.

JEFF MELNYCHUK
wheelbasemedia.com

Fast and capable, but V-worthy?

Special delivery. New Cadillac CTS Vsport is bigger inside and out, but less powerful than its V-tagged predecessor

I know I'm supposed to like this car. I liked the old CTS a lot, so it just makes sense to like the new one.

But with the new ATS also in the family as the entry model, the CTS has grown a bit in size and price. Those are two things about the new car that I really don't like.

Garry doesn't seem to care about that as he steps out from the cockpit. He coaxes me to the front of the car for the light show of the century. He's like a kitten chasing a laser pointer.

"Look at all that going on."

Pretty cool.

Growing a little larger gives the impression that the car is somehow fatter and lazier than before. That's subjective, but what has me rather intrigued is the Vsport name. There's no getting around comparing it to the previous CTS-V. The V in the name is a promise of big and impressive things.

Or is it?

Yes, the Vsport's twin-turbocharged 3.6-litre V6 makes 420 horsepower, but that's nowhere near the 556 that was in the previous CTS-V, which was also smaller and a more athletic-looking car, with the fender lips stretched



The CTS Vsport's twin-turbo 3.6-litre V6 makes 420 hp, but that's nowhere near the 556 that was in the previous CTS-V, which was also smaller and more athletic-looking. WHEELBASEMEDIA.COM

over the wheels, like a dentist prying at your cheek to do a root canal.

Do a walk-around and it looks like the CTS Vsport is in fact two different cars sewn together at the midpoint. The front is as fantastic and stunning (just ask Garry) as the tail end is plump, with its chunky C pillar and rather

long overhang.

And the 18-inch wheels and tires look, well, puny on a ride this big.

The inside is interesting, since it's a cosy fit for a car that projects quite a bit more size than before. It's about 10 centimetres longer than the old CTS, with much of that room benefitting rear passengers.

As for the instruments, there actually are none. Everything — and I mean everything — appears on a display screen. You can imagine the design flexibility this provides and I expect this will become the way of the world in the next few years. Here, there are four gauge layouts to choose from.

There's plenty of quality work inside with a mish-mash of carbon-fibre trim, suede, shiny plastic, leather, chrome and various stitching techniques.

The mostly buttonless centre stack is instead adorned with touch-sensitive controls, which have slowish reaction speed and will require removing gloves in winter to



The mostly buttonless interior is dominated by a centre-stack display screen and touch-sensitive controls that are slow to respond.

Eyes front

- **Wow.** Front styling, front light show, muscle-y looking front — there's a theme here. Smooth power, fake gauges that look like the real thing, rear-seat leg room, surprising turning grip.
- **Hmm.** Rear wheels too far forward, so-so rear styling, wheels look small, touch-sensitive centre stack goes too far, \$25,000 more than the base CTS?

V6 is also better on fuel if you drive in a civilized manner (13.5 L/100 km city and 8.4 highway).

The ultimate question might not even be up to the Vsport to answer, since a higher-performing model is apparently in the works.

And that's a load off for the Vsport, which can instead be a fast and capable \$76,000 family sedan — with a great light show, of course.

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

The new moon in your opposite sign of Libra means you can't expect others to automatically follow your lead. They have minds of their own and intend to make use of them today.

♉ Taurus

April 21 - May 21

You may have a natural grasp of how something works but a loved one isn't getting it and it's up to you to help them out. Explain it to them simply.

♊ Gemini

May 22 - June 21

You will get a clear picture in your mind's eye today of what it is you want out of life and what you'll have to do to get it. The question is, do you have the ambition to make it happen?

♋ Cancer

June 22 - July 23

A change of direction will be forced on you over the next few weeks and if you are smart you won't try to fight it. Better times lie just ahead, but first you will need to give up your old ways.

♌ Leo

July 24 - Aug. 23

Don't react in an emotional way to what is a practical problem. Today's new moon will bring signs that you are moving in the right direction but make sure your head rules your heart.

♍ Virgo

Aug. 24 - Sept. 23

A new moon in the money area of your chart means you can easily find ways to pay what you owe. Don't slack.

♎ Libra

Sept. 24 - Oct. 23

The changes you made recently will yield dramatic results over the next few days and you have every right to feel pleased with yourself. Keep moving ahead and raising your sights.

♏ Scorpio

Oct. 24 - Nov. 22

Today's new moon takes place in the most sensitive area of your chart but there is nothing you should worry about. You may have to give up something you're attached to but it's no longer worth the effort anyway.

♐ Sagittarius

Nov. 23 - Dec. 21

If you can't fix something today then ask for assistance. You have so many friends who will happily help but the first move must come from you.

♑ Capricorn

Dec. 22 - Jan. 20

Today's new moon will be good for your social standing and for career matters. However, when dealing with employers, you must be honest about your experience and qualifications.

♒ Aquarius

Jan. 21 - Feb. 19

You are in everyone's good books. However, while it may be flattering to be so highly thought of, make sure you live up to what others expect of you.

♓ Pisces

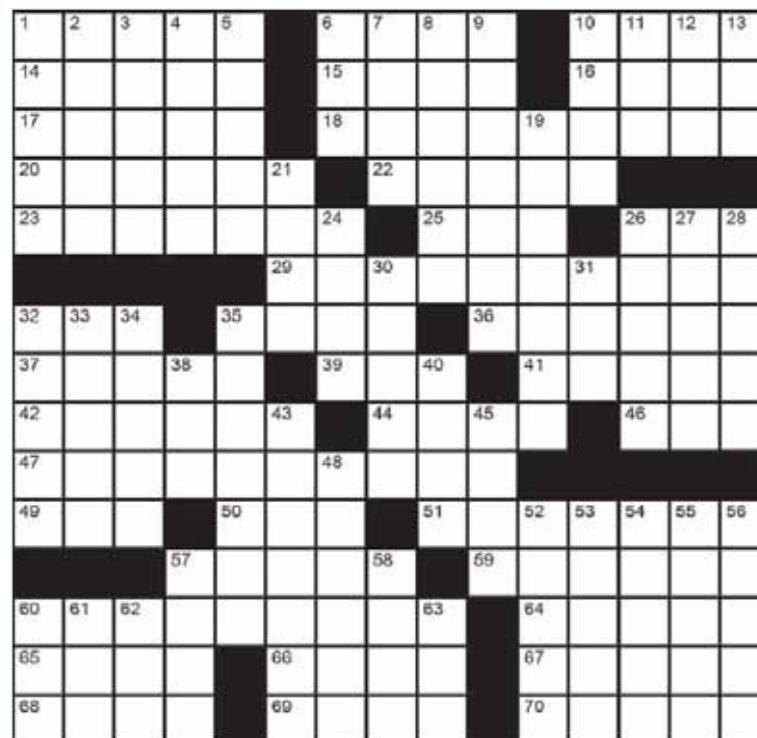
Feb. 20 - March 20

No matter what problems you have faced in recent weeks they are about played out and after today won't trouble you again.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Leaf-like plant part
6. "...and I've been working like ___." - The Beatles
10. Sharp-screened syst.
14. Convey
15. South American country
16. ___ National Park, BC
17. Symbols
18. "Dancing Under a ___" ...more at #4-Down!
20. Apartment alternatives [abbr.]
22. Willy ___, Death of a Salesman character
23. Firefighting vehicles
25. Neither's col-league
26. Supplement
29. Tiberius or Nero: 2 wds.
32. Order-from-the-couch Canuck network
35. "The Things ___ for Love" by 10cc
36. "Little ___": 1957 hit for Canadian quartet The Diamonds
37. Play it up on stage
39. Fuss
41. Levels
42. Frank ___, Montreal-born guitarist of Mahogany Rush
44. Great Lake
46. Rested
47. What gardeners



- do in Fall: 2 wds.
49. MLB's Cardinals, on scoreboards
50. Road finder
51. Brighter
57. Cheryl and Diane
59. "Remington ___"
60. Canada Post's new stamps collection, Great Canadian ___

64. SNL alum David
65. ___ Sound, ON
66. "Right back ___!" (Likewise): 2 wds.
67. Alleviated
68. Acquires
69. Pump part
70. Australian attraction, ___ Rock

Down

1. Fanny ___, "Funny Girl" (1968) role
2. Type of mil. mission
3. Sing-___
4. Canadian pop group, ___ & The Backbeat
5. Mr. Beckford

6. will.i.am's band-mate, ___de.ap
7. Bargain
8. Dec. 1943: Canada takes this ancient town (situated on the Adriatic coast in Italy) from Germany
9. As per #60-Across, Quebec comedy

- legend, Olivier ___ (b.1914 - d.1971)
10. Religious tune
11. Ski-___
12. Howe'er
13. Max Sydow link
19. Do documentary work
21. Parched
24. Carbonated beverage
26. Ms. Macpherson's
27. Ms. Knightley
28. Surrealist artist Max
30. Do runway work
31. Mr. Geller
32. Contract office workers, briefly
33. Deep blue pigment
34. ___ reef
35. What Lady Macbeth did in The Scottish Play: 2 wds.
38. Can
40. Spheres
43. Book of ___ (Old Testament book)
45. Belief systems
48. New news
52. Where navies battle: 2 wds.
53. Clear debt
54. Needle
55. Respected person
56. Marsh plants
57. Contact's follower
58. AB: ___ River, in Fort McMurray
60. Gear tooth
61. Be beholden
62. Fulfilled
63. Mr. Mineo

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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- SUMMER
- BANG BANG
- TIMBER

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CITY: 8.5L/100 KM*



SE w/Tech model shown*



Limited model shown*

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CITY: 11.0L/100 KM*

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